

PVIAC

WINTER SPORTS

BY-LAWS

2010 - 2011
2011 – 2012

APPROVED BY THE EXECUTIVE BOARD ON APRIL 15, 2010

BASKETBALL – ICE HOCKEY – SKIING
SWIMMING – INDOOR TRACK – WRESTLING

Basketball

By-Laws

Winter

2010 - 2011

2011- 2012

Approved by the Executive Board on April 15, 2010

PIONEER VALLEY INTERSCHOLASTIC ATHLETIC CONFERENCE
BASKETBALL SPORT ASSOCIATION
WINTER BY-LAWS

- A) Season Schedule:
To be drawn by conference appointed schedule-makers according to league alignment and play formulas.

- B) Sub-Varsity Schedules:
Will follow varsity schedules.

- C) Postponement Procedures:
Postponed games will be played on next available open date for both teams.
(Exception: weekends and holidays) (*A mutually agreed upon date*)

- D) Starting times
Games will begin at 6:00 and 7:30 unless mutually agreed upon. In the case of an afternoon / evening doubleheader, the evening games shall begin at 6:30 and 8:00. Afternoon contests shall begin at 3:15 with the varsity game following 15 minutes after the j.v. contest. If a school arrives late for a contest the j.v. game will be shortened accordingly.

- E) Location of Playing Sites:
Refer to the PVIAC Directory

- F) Length of Contest:
All contests shall be four 8-minute quarters.

- G) Rules of the Game Modifications:
All teams play under National Federation Rules unless modified by the MIAA Blue Book guidelines.

- H) Equipment:
An approved leather ball shall be used for all games. This includes Spalding 100, Wilson Jet, McGregor X10L, and any other ball approved by National Federation Rules.

- I) Uniform:
The home team shall wear white, and the away team shall wear dark.

- J) Order of Events:
Not Applicable

- K) Procedure for The Determination of League Champions:
Will be determined based on win/ loss percentage. There will be not play-off in the case of co-champions or multi-champions. Independent games will not count toward league championship.
- L) Procedure for the Selection of League All-Stars:
Refer to PVIAC policy,
- M) Protest Procedure:
National Federation Rules do not allow for protests in the game of basketball. In all other cases, refer to PVIAC policy.
- N) Provision and Responsibility for Meetings:
Refer to PVIAC policy.
- O) Special Rules:
- 1) The home team shall provide the game ball.
 - 2) The commissioner prior to the start of the season shall notify schools of all officials' assignments. In the case of replacements, schools shall be notified of the changes.
 - 3) Prior to the start of the season, each school will receive an officials' preference list. Schools may request that a given number may not be assigned to any of their games. (For number see PVIAC policy)
 - 4) Adult timers shall be used at varsity contests. It is recommended that adult timers be used for sub-varsity contests.
 - 5) Only uniformed players will be allowed to shoot during pre-game and pre-second half warm-ups.
- P) Procedure for Reporting Scores:
The home team will report scores and statistics to the Springfield Republican.
- Q) Responsibility for Maintaining League Records:
The Springfield Republican will be responsible for compiling and maintaining all league records.

Ice Hockey

By-Laws

Winter

2010 - 2011

2011- 2012

Approved by the Executive Board on April 15, 2010

PIONEER VALLEY INTERSCHOLASTIC ATHLETIC CONFERENCE
ICE HOCKEY SPORT ASSOCIATION
WINTER BY-LAWS

- A) Season Schedule: Will be provided by schedule maker according to league alignment and formula.
- B) Sub-varsity schedule: Will be provided by schedule maker using formula set by member schools with sub-varsity programs.
- C) Postponement procedures: As agreed upon by schools involved and next available rink date.
- D) Starting time adjustment: As agreed upon by schools involved and rink schedule.
- E) Location of playing sites: Schools must notify schedule maker of rink location and available play dates and times.
- F) Length of contest: Varsity contests: 15 minute periods, Junior Varsity contests: 15 minute periods when time permits. Five-minute warm-up prior to game. Three minutes between periods. Both times will be kept on the clock.
- G) Rules of the game modification: MIAA and Federation rules will be followed with one PVIAC addition: A game will be shortened at the 7:30 point of the third period by using running time when a team leads an opponent by six or more goals. If the score changes back to a five goal lead then normal timing procedures will be reinstated. Penalty minutes will always remain stop time regardless of the score.
- H) Equipment: Must conform to the rules of the game.
- I) Uniform: The home team will wear white/light jerseys; the visiting team will wear dark jerseys.
- J) Order of events: N/A
- K) Procedure for determining league champions: To be determined based on league structure and formula.
- L) Procedure for determining all-star team: Refer to PVIAC policy.
- M) Protest procedure: Refer to PVIAC and MIAA policy.
- N) Provision and responsibility for meetings: Refer to PVIAC policy and calendar
- O) Special Rules: Unless an assistant coach is available for supervision, any player ruled out of a game must remain on the bench until the contest has ended. No player ejected will be allowed into a locker room unsupervised.
- P) Procedure for reporting scores and results: The home team will be responsible for sending game sheets into the PVIAC Executive Secretary or designee.

Skiing

By-Laws

Winter

2010 - 2011

2011- 2012

Approved by the Executive Board on April 15, 2010

PIONEER VALLEY INTERSCHOLASTIC ATHLETIC CONFERENCE
SKIING SPORT ASSOCIATION
WINTER BY-LAWS

- A. Schedule
 - 1. The PVIAC SKI CONFERENCE shall consist of 4 leagues, Boys' North and South and Girls' North and South
 - 2. League realignment shall be voted bi-annually at the spring meeting, as per PVIAC ruling--2 year time period. Teams in the league shall be aligned on the basis of the *last 4 years'* finishes.
 - 3. The league schedule shall extend from the first week of January thru the week preceding February school vacation. One or two meets will be held each week, except to complete the league schedule.
 - 4. The league individual championship date will be determined at the spring meeting.
 - 5. By Law proposals must be received by the chair school and all schools involved 2 weeks prior to the post-season coaches meeting.

- B. Procedure for sub-varsity schedule
 - 1. Schools with junior varsity teams will race immediately following the completion of all varsity races

- C. Postponement Procedure
 - 1. Any school closed due to weather condition must contact chair school by 11:30. This will constitute a postponement.
 - 2. Postponed meets will be made up on the next available open date as determined by the ski mountain and the league chair school.

- D. Starting Time Adjustment
 - 1. League race starting time is 5:00 PM
 - 2. League Individual Championship starting time is 9:30 AM

- E. Location of playing sites
 - 1. Races will be held at the Berkshire East Ski Area in Charlemont, MA

- F. Length of contest
 - 1. Lineups must be submitted to the league statistician upon arrival at the areas and not later than 15 minutes prior to the start of the races. Penalty will be loss of top team time after lineups have been submitted.
 - 2. Racers shall start in their designated position. Racers not meeting their designated start will be disqualified (except lift breakdown or other emergency deemed acceptable by the race director). In the event of a racer "no show", 15 seconds shall pass before the next racer will be started.

- G. Rules of the game modification
 - 1. No changes in the starting lineup will be allowed after lineups have been submitted to the statistician.
 - 2. Course inspection will take place in accordance with F.I.S. rules.
 - 3. Re-runs by F.I.S. rules. All rules to follow MIAA then USSA then FIS in that order.
 - 4. Any independent will compete in B Division and seeded according to league rules.
 - 5. Total Board Postings are unofficial and have no bearing on the race results.

- H. Equipment
1. Helmets will be worn in accordance with MIAA rules.
 2. All racers must wear a ski retention device.
 3. All racers must wear appropriate ski wear. Those skiers who are not dressed appropriately, as deemed by the starter, will not be allowed to race.
- I. Uniform
1. Racers must wear bibs that are clearly visible at all times *during the race*. (penalty--disqualification).
 2. Bibs must be worn on the front *and back*.
 3. Each school shall provide a complete set of clearly printed bibs for their team.
- J. Order of events
1. League and individual championship race order for boys and girls will be determined by numerical order of schools to follow the preceding meets last positional arrangement.
- K. Procedure for determination of League Champions
1. *Regular Season Meet Rules
 - a. The league champion is determined by the school accumulating the highest total of points earned in the league meets
 - b. Each team will be allowed 8 racers per meet.
 - c. The meet winner is determined by the sum of the 4 fastest times per school. Each successive place is determined by the next lowest total of times.
 - d. Points are awarded to teams on the basis of meet finish, with the first place team being awarded a total that is equal to the number of schools in that division. Second place shall receive one point less than the total number of teams and so on in descending order.
 - e. Teams that do not place 4 legal racers shall receive (0), no points.
 - f. Final standings for individual racers will be determined by the best 6 of 7 races. Final team standings will be determined by all 7 races.
 2. *League Individual Meet Rules
 - a. Schools will be limited to all seeded racers and up to 10 unseeded racers.
 - b. Seeding shall be based on points accumulated in each division during the regular league meet season.
 - c. Each racer scoring points during the regular season shall be seeded.
 - d. The top 5 seeded racers in each division based on accumulated points scored shall be seeded in inverse order.
 - e. All others shall be seeded in exact order.
 - f. The remaining racers shall race in the normal positional arrangement as determined by league roster.
 - g. Girls racing on boys' teams during the regular season will be allowed to participate in the girls' individual -- in league A championship. They will be seeded in alphabetical racing order based on their school's numerical placement, at the end of the seed. Seed points for boys' races will not transfer.
 - h. The race format shall consist of one run of slalom and one run of giant slalom to be held on the same day, for both boys and girls.
 - i. Championships shall be determined in the individual slalom, giant slalom, and combined slalom and giant slalom, on the basis of time for both boys and girls.
 - j. Race rosters shall be submitted to the statistician at the last league race prior to the individual championships. In the event a racer is scratched from the race, his/her seed is lost. Running order will remain the same for the slalom and giant slalom.
 - k. Any skier being overtaken must give way and may not continue that run.

- L. Procedure for selection of All-Star Teams
 - 1. Coaches shall select a league ALL STAR TEAM at the league's post-season meeting. Results of 6 of 7 races, across the total conference, will be considered along with other factors deemed appropriate to determine the top ALL STAR TEAM for the PVIAC league.

- M. Protest Procedure
 - 1. Protests will follow MIAA procedure, unless superseded by FIS rules. Protests must be registered to the race director within 15 minutes after the posting of disqualifications.
 - a. A jury of 6 coaches (one from each league), plus the race director will deal with any and all protests. The Race Director will cast the deciding vote in case of a tie.
 - b. All gatekeepers must be available until dismissed by the Race Director. The penalty for a gatekeeper who leaves before being dismissed by the race director will be the loss of his/her team's best time for the race.

- N. Provision and responsibility for meetings
 - 1. Pre-season and post-season meetings will be held in accordance with PVIAC Policy and Calendar.

- O. SPECIAL RULES
 - 1. Officials
 - a. The PVIAC will appoint the Berkshire East Race Director to be the race director for all league races.
 - b. The race director shall decide all race procedure during a meet. He shall appoint the starter and the timers provided by the race site.
 - c. Assistant starters will be assigned by the league on a rotating basis. Failure of schools to provide a starter-Teams with 4 racers shall lose top finishers time. Teams/schools that don't have 4 racers competing the fastest finishers time will be increased by 5 seconds. The responsibility of the assistant starter is to have 5 racers prepared to race. Assistant starters shall adhere to directions for assistant starters.
 - d. Gatekeepers
 - 1) Each school is to provide at least two competent gatekeepers who shall be directed by a league coach. The head gatekeeper shall be elected by vote of the coaches at the league pre-season meeting. Failure of a school to provide a gatekeeper to turn in his/her result sheet *and remain 15 minutes after DQ's on his/her gate have been posted* shall result in losing the top finishers time where teams have 4 racers competing. Teams that don't have 4 racers competing the fastest finishers time will be increased by 5 seconds. That time will stand in the individual's ranking only.
 - 2) Coaches will be assigned to assist the head gatekeeper in the management of gate keeping. Coaches are also responsible for educating their racers on updated gate keeping duties and responsibilities. The PVIAC administrator will assist with this education.
 - e. All coaches are considered officials and therefore must attend pre and post season meetings in order to insure implementation of league rules.
 - 2. Coaches' Responsibilities
 - a. To inform all team racers of all FIS and MIAA rules as they apply to ski racing. Special attention should be given to race procedures, such as; re-run procedure, course inspection procedure, gate keeping responsibilities, and equipment.
 - b. Coaches are representatives of the ski league and as such are responsible for reporting any and all observed infractions to the race director.
 - c. Coaches should be courteous of the working responsibilities of race officials.
 - d. Coaches neglecting duties will be reported to the league president.

3. Racers' Responsibilities

- a. Follow skier's safety code prescribed by U.S.A.A.
- b. Unsportsman-like conduct *of inadvertent swearing by a racer will result in a 2 second penalty being added to the team time and the racer's individual time. Flagrant unsportsman-like conduct shall follow the MIAA penalty rule--"The penalty for unsportsman-like conduct shall be expulsion from that contest and the athlete shall not participate in the next held competition to be contested with a member school of the MIAA or in tournament play."*
- c. Racers are responsible to adhere to all regulations of the ski area, including "skiing under control" and only on open trails. Failure to adhere to these regulations *may* result in MIAA expulsion (see 2. above)

P. Procedure for reporting scores and results

1. Each meet's official results will be posted approximately 1/2 hour after protest period ends.
2. The league statistician shall report scores to the Springfield, Greenfield, and Hampshire newspapers.
3. Individual coaches will be responsible for reporting scores to their home newspaper.

Q. Responsibility for maintaining League Records

1. Statistician
 - a. The league shall appoint *one or two* statisticians.
 - b. The statistician(s) will follow a job description set forth by the league.
 - c. Up-to-date yearly league records will be maintained by the statistician and shall be presented to the league president in the statistician's end-of-year report.

Swimming

By-Laws

Winter

2010 - 2011

2011- 2012

Approved by the Executive Board on April 15, 2010

PIONEER VALLEY INTERSCHOLASTIC ATHLETIC CONFERENCE
SWIMMING SPORT ASSOCIATION
WINTER BY-LAWS

A. Schedule:

1. Format for each division:
 - a. The number of divisions will be set during the realignment year.
 - b. Each division team will compete at least once against every other team in its division.
2. Provisions for inter-division play: By individual school.
3. Conference tournament: A Holiday Tournament may be held by Conference vote.
4. Conference jamboree: None.
5. Procedure for adjustment: Up to individual school based on pool usage.
6. Procedure for independent meets: Each school schedules its own independent meets (over and above those mentioned in A.1.b. above).
7. Schedule rotation procedure:
 - a. Each schedule will be on a two-year basis.
 - b. At the end of each four-year period, a new alignment will be made. The two teams with the worst combined boys-girls five-year winning percentage in each higher Division will be switched to the next lower Division. The two teams with the best combined boys-girls five-year winning percentage in each lower Division will be switched to the next higher Division. In the case of a tie, the coaches will recommend to the athletic directors their proposed alignment. If a new rotation procedure is suggested, it will be approved by the Executive Board.

B. Procedure for sub-varsity schedule: By individual school.

C. Postponement Procedure: Refer to PVIAC Policy.

D. Starting Time and Adjustment:

The starting time is 3:30 according to PVIAC policy, unless there is a mutual agreement to some other time. A 20-minute warm-up is guaranteed. In four-lane pools, the home team will warm up first and be finished by 3:00. This will allow for a visitor to have a 20-minute period alone; and at 3:20, for a 10-minute period, both teams will have the use of the pool for warm-up. It is important that every attempt be made to notify the opponent if a team is going to be late for a meet (bus problems, etc.). Late teams should be allowed a 20-minute warm-up.

E. Location of Swimming Site: Refer to PVIAC Directory.

F. Length of Contest: As specified by rules.

G. Rules of the Meet Modification: As per official rules and M. I. A. A. regulations.

H. Equipment: As specified by rules.

I. Uniform: As specified by rules.

J. Order of Events: As specified by rules.

K. Procedure for Determination of League Championships:

A champion for each division will be determined by the best win-loss percentage (counting ties as 1/2 win and 1/2 loss), after having competed against all divisional schools. Co-champions will be declared in the case of a tie.

L. Procedure for Selection of All-Star Team: Refer to PVIAC Policy.

1. Swimmers in the top ten of each swimming event are eligible to be on the All-Star Team, if nominated by their coaches. It is anticipated that, because of duplication, this process will produce from 25-35 swimmers in any particular year.
2. If a swimmer in the top ten is deemed not eligible (or not nominated by his/her coach), a swimmer that is ranked 11th or higher may be considered.
3. Swimmers in the top 15 in several events may be considered if the total number of All-Star swimmers is less than 30.
4. The coaches will determine which swimmers are to be designated.
5. The top three divers, by an average of their top three scores, will be All-Stars. In addition, any diver with a high point total of 200 or over will automatically be an All-Star.
6. These procedures will be in effect for both male and female swimmers and divers.

M. Protest Procedure: Refer to PVIAC Policy.

N. Provision and Responsibility for Meetings: Refer to PVIAC Policy and Calendar

O. Special Rules:

The following special rules apply:

1. For each meet, a maximum of 16 divers total may compete in a six-lane pool and 12 divers total may compete in a four-lane pool. Any diver over and above two girls and two boys competing for a team in a four-lane pool or three girls and three boys competing for a team in a six-lane pool must be identified as an exhibition diver before the diving begins. An exhibition diver's score will count toward participation in sectional and state championship meets but will not count toward the score of the specific meet being held.
2. For a dive to qualify for use in a sectional or state championship meet, it must receive a minimum score of four from each of the officials at the meet.
3. Diving sheets will be submitted 20 minutes prior to the start of the meet, so that officials may check the sheets. A diver will maintain the right to change a specific dive until the actual diving competition begins. The required dive is based on the originally scheduled date of the meet.
4. There will be no false starts. A false start results in the disqualification of the swimmer.
5. Each meet that is scheduled will consist of a boys' meet and a girls' meet, to be held at the same location, at the same scheduled time, with boys' and girls' events alternating (except for diving, which will be held as a combined event, but scored separately). Each meet will be scored. However, if one team (boys or girls) has less than four participants on their roster as of the first day of scheduled competition, that team will not have scores reported to the media nor will the meet results be counted in the record of either competitor. Boys will swim against boys and girls will swim against girls. If a team adds or loses members after the first day of competition, the team results will still be based on the original roster size, as of the first day of competition. There will be no mixed gender competition.

6. If the visitor and home team agree on the order of swimming, the swim order should be binding. If they cannot agree, the visitor can call the flip of the coin and the winner has choice.
7. Any other rules may be promulgated from time to time.

P. Procedure for Reporting: Scores and Results:

1. Media: The home team is responsible for calling meet results into the Springfield newspaper, at the conclusion of the meet. Individual schools may notify other newspapers of meet results, if they so desire.
2. League: Each school will mail or fax the meet results to the league statistician within 48 hours of the meet. Each team should make every effort to record times and scores for all participants, correct to the nearest hundredth. Every effort should be made to determine accurate results. Times should be submitted even though the meet does not count toward the team record.

Q. Responsibility for Maintaining League Records:

The Conference Chair has the ultimate responsibility for maintaining all league records.

Indoor Track

By-Laws

Winter

2010 - 2011

2011- 2012

Approved by the Executive Board on April 15, 2010

PIONEER VALLEY INTERSCHOLASTIC ATHLETIC CONFERENCE
INDOOR TRACK AND FIELD SPORT ASSOCIATION
WINTER BY-LAWS

- A) Schedule
1. Number of leagues depends on number of teams entering.
 2. Over ten (10) teams, will call for the formation of two (2) leagues. The leagues will be divided strictly by enrollment numbers, a realignment takes place.
 3. The season will consist of a minimum of six (6) race dates.
 - a. Dual/tri/quad meets will be determined by schedule makers.
 - b. There will be two meets run on each race date.
- B) Procedure for Sub-Varsity Schedule
1. If time permits sub-varsity races may be run at the completion of the varsity events.
- C) Postponement Procedure
1. A postponement is the responsibility of the meet director.
 2. An attempt should be made to notify visiting teams by 1:00 p.m.
 3. Teams that cannot attend a meet due to school's mandatory cancellation of events for that day must score against that team at the next competitive competition in addition to their already scheduled opponent/s.
 - a. The opponent who is in attendance with no opponent to face can still participate in the meet.
 4. Any complete meet canceled after a scheduled snow date will not be made up.
 5. Should a team not be able to attend on the last scheduled meet, no forfeit will be awarded. The previous week's performances will be scored for that meet.
- D) Starting Time Adjustment
1. Starting times will vary, depending on day/site, and cannot be changed by participating schools.
- E) Location of Playing Sites/Area
1. Meets will be held at Smith College and possibly other area colleges with accommodating facilities. (Facility rental approximately \$300 per meet).
- F) Length of Meets
1. All meets will run approximately two and one-half (2 1/2) hours.
- G) Rules of the Game Modifications
1. Leagues will follow National Federation of State High School Associations (NFHS) Rules.
 2. All MIAA and PVIAC track rules will apply.
- H) Equipment
1. Must comply with NFHS guidelines.
 2. At sites allowing spikes, only pyramid style not to exceed ¼ inch may be used. Athletes found using prohibited spikes will be disqualified from that meet.
 3. Meet directors and officials are allowed to check the spikes of any student participant at any time during all meets.
- I) Uniform
1. Numbers will be available at the first meet. Each school will be assigned a set of numbers. Athletes must keep the same number for the season. Use of a different number will result in disqualification.
 2. Relay teams and team uniforms will follow the NFHS uniform rule.

- J) Order of Events/Participation Limitations
1. The meet director has the capacity of limiting the number of participants for each event. Time and space permitting, the limitations will be as follows:
 - a. Field events – four (4) per school
 - b. 2 Mile, Mile, 1000m, 600m, 300m, 55m dash, 55m hurdles – four (4) per school
 - c. Individuals limited to two (2) running and two (2) field events for league meets (One running/one relay/one field event or one field, 2 relays for the tournament meet.)
 2. The order of events will be as follows:
 - a. Field Events
 1. Long Jump
 2. High Jump [Continuous flight (5-Alive)]
 3. Shot Put
 - b. Track Events
 1. Two-Mile Run
 2. 55 Meter Hurdles
 3. 55 Meter Dash
 4. One-Mile Run
 5. 600 Meter Run
 6. 300 Meter Run
 7. 1000 Meter Run
 8. 4x400 Meter Relay OR 4x200 Meter Relay (Alternate each race date.)

[Edit made with numbering to be consistent]
 3. In all running events, girls' races will be first at each meet except in the 55m Hurdles where the boys will run first in the late meets.
 4. During the meets when events interfere, running events take priority. However, athletes must return to complete their remaining attempts before their flight is finished or lose their remaining attempts.
 5. The 4x800 will not be contested in the regular schedule. A separate 4x800 meet will be run during the season to establish seed times for the PVIAC Championship as well as to gain qualifying times for MIAA Divisional Meets.
 6. The 4x200, 4x400 and 4x800 Relays will both be run at the Championship Meet.
- K) Procedure for Determination of League Champion
1. PVIAC dual meet league champions determined on basis of league dual meet win/loss record.
 - a. In the case of teams not completing their regular season meets due to cancellation on the last scheduled meet, the previous week's performances will be scored for that meet.
 2. PVIAC league champions determined by the tournament meet.
- L) Procedure for Selection of All-Star Teams
1. Following PVIAC policy, the coaches will determine PVIAC All-Stars at the post-season meeting.
- M) Protest Procedure
1. Will follow procedures set forth by the meet/league director as specified at the pre-season meeting.
- N) Provision and Responsibility for Meetings
1. Refer to PVIAC Policy and Calendar.
- O) Special Rules
1. The following officials are recommended:
 - a. Meet Director
 - b. Certified Starter
 - c. Two Clerks (one boy's meet, one girl's meet)
 - d. Four (4) Finish Officials
 - e. Seven (7) Field Event Officials
 1. Three (3) Long Jump [Edit because 3 officials are needed to keep LJ moving.]
 2. Two (2) High Jump
 3. Two (2) Shot Put

- f. One (1) Scorekeeper per session
- g. One (1) Hy-Tek operator

2. Rosters must be submitted electronically through TrackCentral.net by the deadline established by the meet director. No athlete submitted after the first deadline will be eligible until the second meet. After the final deadline, no additions or changes will be accepted by the meet director.

3. Entries must be listed on event entry cards and filled out only by coaches. Athletes are not allowed to enter themselves in any events. Cards must be filled out for every event and filed at the scorer's table no later than 15 minutes before the start of the meet.

- a. An original set of entry cards will be provided for each meet by the Meet Directors.
- b. Athletes' numbers must be included on the cards.

4. Runners must be assigned lap counters for the mile and two mile events; one from each school for each contestant.

- a. If no lap counter is supplied and the athlete is omitted from the final standings, an appeal will not be allowed. [Edit to fix lettering.]

5. Athletes and coaches must stay clear of the finish line and the scoring table.

6. It is the coaches' responsibility to keep all non-participants out of the infield area, unless they are directly involved in the competition at the time.

- a. Only two (2) coaches per gender per team are permitted in the infield.
- b. The meet director will be responsible for securing F.A.T. as budget allows for all meets.

7. Quotes will be researched each year to attempt to have fully automated timing for all regular season meets and the championship meet upon confirmation of scheduled dates for the upcoming season.

[Moved from letter S to bring in line with PVIAC formatting.]

8. All coaches are responsible for their team's behavior in the facility and for assisting in keeping the facility clean. This includes removing trash from their respective areas, bathroom cleanliness, and an overall respect for the facility.

9. PVIAC (Western Mass) Championship Meet Information

- a. Entry standards will be released at each year's pre-season meeting, and are subject to revision at the end of each season. Standards and deadlines to be determined by the meet director.

b. Entries must be submitted through www.trackcentral.net. No hard copy, phone, or fax entries will be accepted. Please direct any questions to Matt Sandberg at matt@trackcentral.net.

- i. Entries must include name, grade, and a verifiable qualifying performance.

c. Athletes may be entered in no more than 3 events each as follows: 1 running, 1 field, 1 relay OR 1 field, 2 relays.

- i. No individual free entries will be allowed into the meet.
- ii. Each school may enter 1 team in each relay (4x200, 4x400, 4x800).

d. The order of events will be as follows:

i. Field Events-

- 1. Long Jump- boys and girls alternate
- 2. High Jump- simultaneous if two pits available
- 3. Shot Put- girls and boys alternate

ii. Running Events (girls races first except for hurdle finals)

- 1. 2 Mile
- 2. 55m Hurdles- trials
- 3. 55m Dash- trials
- 4. 55m Hurdles- finals
- 5. 55m Dash- finals
- 6. 1 Mile
- 7. 600m
- 8. 300m
- 9. 1000m
- 10. Relays: 4x200, 4x800, 4x400 in that order.

iii. All races run without trials will be seeded by time and run in heats, slow-to-fast.

iv. When events conflict, running events take priority. Athletes excused from field events must return to their events before the conclusion of their flight in order to complete all attempts.

v. No person will be allowed on the infield during the meet except for active competitors (any athlete who has checked in to their event and not yet finished competition), and 2 coaches per gender, per school.

e. Places 1-6 will be scored. (Point value 10-8-6-4-2-1)

P) Procedure for reporting scores and results

1. The meet director and statistician will be responsible for reporting results to the local media.
2. Establish a newspaper correspondent at the pre-season meeting.

Q) Responsibility for maintaining League Records

1. Win/Loss record is the responsibility of the meet director with the assistance of the statistician or recognized volunteer coaches.

Wrestling

By-Laws

Winter

2010 - 2011

2011- 2012

Approved by the Executive Board on April 15, 2010

**PIONEER VALLEY INTERSCHOLASTIC ATHLETIC CONFERENCE
WRESTLING SPORT ASSOCIATION
WINTER BY-LAWS**

A. LEAGUE STRUCTURE & SCHEDULE

THE WRESTLING ASSOCIATION WILL BE DIVIDED INTO FOUR LEAGUES; VALLEY LEAGUE, VALLEY WHEEL, SUBURBAN AND TRI COUNTY LEAGUE. LEAGUE AFFILIATION WILL BE DETERMINED BY A VOTE OF THE ASSOCIATION IN ACCORDANCE WITH THE GENERAL BYLAWS OF THE P.V.I.A.C.

B. SUB VARSITY SCHEDULE – SUB VARSITY MATCHES WILL BE CONDUCTED PRIOR TO THE REGULARLY SCHEDULED VARSITY MATCH. JUNIOR VARSITY MATCHES WILL BEGIN AT 6:00 PM IF ALL OR MOST SUB VARSITY WEIGHT CLASSES WILL BE CONTESTED, THE USE OF A SECOND MAT AND SECOND OFFICIAL IS RECOMMENDED. IT IS RECOMMENDED THAT ADDITIONAL SUB-VARSITY WRESTLING OPPORTUNITIES BE SCHEDULED BY THE LEAGUES. (IE: J.V.TOURNAMENTS).

C. CANCELLATION POLICY – REFER TO PVIAC POLICY

WEIGH-IN PROCEDURES SHOULD BE ADHERED TO FOR ALL MEETS (REFER TO MIAA RULE 82.4.8)

SCHOOLS MAY WEIGH THEIR WRESTLERS AT THEIR HOME SCHOOLS ON THE DAY OF THE MEET AND ONLY DURING THE 60-MINUTE PERIOD IMMEDIATELY PRIOR TO THE BEGINNING OF THE ACADEMIC SCHOOL DAY. FOR MATCHES BEGINNING AFTER 3:00 P.M. ON A NON-SCHOOL DAY, A SINGLE 60-MINUTE WEIGH-IN PERIOD BETWEEN 6:00 A.M. AND 12:00 NOON WILL BE ALLOWED. ANY WRESTLER WHO MAKES WEIGHT DURING THE EARLIER WEIGH-IN IS ALLOWED AN ADDITIONAL THREE POUNDS AT THE MATCH SITE WEIGH-IN. ANY WRESTLER FAILING TO MAKE WEIGHT AT THE EARLIER WEIGH-IN MUST MAKE SCRATCH WEIGHT AT THE MATCH SITE WEIGH-IN. ACTUAL WEIGHTS WILL BE RECORDED ON ALL DUAL MEET WEIGH-IN SHEETS. SIGNATURES OF THE COACH AND A SCHOOL ADMINISTRATOR (THE PRINCIPAL OR HIS/HER DESIGNEE) MUST APPEAR IN INK ON THE DUAL MEET WEIGH-IN SHEETS IN ORDER FOR THE WEIGH-IN TO BE VALIDATED. THESE DUAL MEET WEIGH-IN SHEETS WILL BE KEPT BY THE COACHES AND ONE FOR EACH AND EVERY DAY OF COMPETITION MUST BE HANDED IN AT THE SECTIONAL SEEDING MEETING, OR THE DAY WILL NOT COUNT TOWARD CERTIFICATION OR SEEDING.

D. STARTING TIMES - MEETS WILL BE SCHEDULED ON WEDNESDAYS AND SATURDAYS. STARTING TIMES WILL BE IN ACCORDANCE WITH THE P.V.I.A.C. BYLAWS. STARTING TIMES FOR WEEKDAY MEETS WILL BE 6:00PM FOR JUNIOR VARSITY MATCHES AND 7:00PM FOR VARSITY MATCHES. ON SATURDAYS J.V. MATCHES WILL START AT 12:00 NOON AND VARSITY MATCHES WILL BEGIN AT 1:00PM. THE HOST SCHOOL WITH THE AGREEMENT OF THE VISITING SCHOOL MAY MAKE ADJUSTMENTS TO THESE DAYS AND TIMES.

MEET MANAGEMENT – THE HOST TEAM HAS THE RESPONSIBILITY FOR MANAGEMENT AND ADMINISTRATION OF HOME MEETS IN ACCORDANCE WITH THE WRESTLING RULES AND GUIDELINES OF THE NATIONAL FEDERATION.

E. LOCATION OF PLAYING SITES – REFER TO THE P.V.I.A.C. DIRECTORY

- F. LENGTH OF CONTEST – THE LENGTH OF CONTESTS WILL BE DETERMINED BY THE NATIONAL FEDERATION WRESTLING RULES. JV WILL BE 2-2-2 WHEN APPROPRIATE.
- G. RULES MODIFICATIONS – MODIFICATION OF ANY NATIONAL FEDERATION WRESTLING RULE IS THE RESPONSIBILITY OF THE M.I.A.A. WRESTLING COMMITTEE AND WILL BE INCLUDED IN THE M.I.A.A. BLUE BOOK.
- H. EQUIPMENT – RULES REGARDING EQUIPMENT WILL BE INCLUDED IN THE NATIONAL FEDERATION WRESTLING RULES. MODIFICATIONS TO THESE RULES WILL BE INCLUDED IN THE M.I.A.A. BLUE BOOK WRESTLING RULES.
- I. UNIFORMS - RULES REGARDING UNIFORMS WILL BE INCLUDED IN THE NATIONAL FEDERATION WRESTLING RULES. MODIFICATIONS TO THESE RULES WILL BE INCLUDED IN THE M.I.A.A. BLUE BOOK WRESTLING RULES.
- J. ORDER OF EVENTS – THE ORDER OF EVENTS IS DETERMINED BY THE NATIONAL FEDERATION WRESTLING RULES.
- K. DETERMINATION OF LEAGUE CHAMPION – THE LEAGUE CHAMPION WILL BE DETERMINED BY THE BEST WON-LOSS RECORD WITHIN EACH DIVISION.
- L. ALL-STAR TEAM SELECTION – EACH OF THE THREE LEAGUES WILL SELECT 18 ALLSTARS. ONE WILL BE SELECTED FROM EACH OF THE FOURTEEN (14) WEIGHT CLASSES AND AN ADDITIONAL FOUR (4) FROM ANY WEIGHT CLASS.
- M. PROTEST POLICY – ALL PROTESTS MUST BE SUBMITTED TO THE CHAIR SCHOOL WITHIN FORTY-EIGHT (48) HOURS OF THE PROTESTED MEET. THE PRINCIPAL, ATHLETIC DIRECTOR AND HEAD COACH OF THE PROTESTING SCHOOL MUST SIGN PROTESTS. A PROTEST REVIEW BOARD WILL BE CONVENED BY THE CHAIR SCHOOL TO DETERMINE THE OUTCOME OF THE PROTEST.
- N. PROVISION AND RESPONSIBILITY FOR MEETINGS – REFER TO PVIAC POLICY AND CALENDAR. THE CHAIR SCHOOL IS RESPONSIBLE FOR ALL ADMINISTRATIVE DUTIES WHICH INCLUDE: CALLING AND PRESIDING OVER ALL MEETINGS, KEEPING RECORDS AND NOTES FROM ALL MEETINGS, DEVELOPING AND DISTRIBUTING SCHEDULES, REPRESENTING THE DISTRICT AT ALL M.I.A.A. AND STATE MEETINGS, CONVENING PROTEST COMMITTEES.
- O. SPECIAL RULES – THE NATIONAL FEDERATION “TIE BREAKER RULE” WILL BE USED TO DETERMINE THE ADVANCEMENT OF TEAMS IN DUAL MEET TOURNAMENTS. THE NATIONAL FEDERATION “TIE BREAKER RULE” WILL BE USED TO DETERMINE A WINNING TEAM IN ALL LEAGUE AND INDEPENDENT DUAL MEETS FOR THE PURPOSE OF STATE DUAL MEET TOURNAMENT QUALIFICATION.
- P. REPORTING SCORES AND RESULTS – THE HOST SCHOOL IS RESPONSIBLE FOR REPORTING MEET RESULTS TO ALL APPROPRIATE MEDIA OUTLETS.
- Q. LEAGUE RECORDS – THE P.V.I.A.C. WRESTLING CHAIR SCHOOL IS RESPONSIBLE FOR MAINTAINING ALL LEAGUE RECORDS.