



**PIONEER VALLEY INTERSCHOLASTIC ATHLETIC CONFERENCE**  
**Western Massachusetts**

**RECOMMENDED NUMBERS TO MAINTAIN A VARSITY TEAM**

**FALL**

Football	30
Soccer	18
XCountry	8
Gymnastics	6
Girls Volleyball	12-14
Golf	6-8
Field Hockey	16

**WINTER**

Basketball	10-12
Swimming	12-14
Ice Hockey	23
Wrestling	21
Skiing	6
Indoor Track	15

**SPRING**

Baseball	13-15
Softball	12
Track	20
Boys Lacrosse	18
Girls Lacrosse	18
Boys Volleyball	12-14
Tennis	10

